

STEEL MMA MUAY THAI

KIDS (8-12) | TEENS (13-17)
AGE & SKILL LEVEL APPROPRIATE CLASSES

CLASS SCHEDULE

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4:00pm	MUAY THAI (ages 8-12yrs)	MUAY THAI (ages 8-12yrs)	MUAY THAI (ages 8-12yrs)	MUAY THAI (ages 8-12yrs)		11:30am TEEN COMP CLASS
5:00pm	MUAY THAI FUTURE CHAMPIONS (ages 8-12yrs)		MUAY THAI FUTURE CHAMPIONS (ages 8-12yrs)			
5:00pm	MUAY THAI (ages 13-17yrs)		MUAY THAI (ages 13-17yrs)			
6:00pm	MUAY THAI COMP TEAM (ages 15-17yrs)		MUAY THAI COMP TEAM (15-17yrs)		MUAY THAI COMP TEAM (15-17yrs)	

LOANER GEAR AVAILABLE DURING FREE CLASS & INTRO COURSE

BEGINNER FRIENDLY

OUR COACHES HAVE DECADES OF MARTIAL ARTS EXPERIENCE AND OUR PROGRAM IS DESIGNED TO BUILD STUDENTS FROM THE GROUND UP. NO PRIOR EXPERIENCE IS REQUIRED

\$49 INTRODUCTORY COURSE

THE INTRODUCTORY COURSE COMES WITH 2 WEEKS OF TRAINING (4 CLASSES) ALONG WITH COMPLIMENTARY BOXING GLOVES, HAND WRAPS AND TEAM SHIRT

COMPETITION TEAM

OUR COMPETITION TEAM IS AN OPTIONAL PROGRAM FOR INTERMEDIATE AND ADVANCED STUDENTS WHO COMPETE AT BOTH LOCAL AND NATIONAL EVENTS.

PRIVATE TRAINING AVAILABLE

PRIVATE TRAINING IS AVAILABLE DURING SPECIFIC HOURS OF THE DAY. LET US KNOW IF YOU ARE MORE COMFORTABLE WORKING ONE ON ONE WITH A COACH INSTEAD OF CLASSES.

BEGINNER
Friendly



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